

Coos Bay PE HEART RUN



Kids & Family Run/Walk

Saturday, February 15th

Mingus Park, Coos Bay

The Coos Bay PE Heart Run/Walk is a kids and family fun run/walk. Children and adults of all ages are encouraged to participate in this **FREE** event. Registration will be near the pool gazebo. Any children that bring a Valentine's Day card to donate for heart patients at Bay Area Hospital will receive a Valentine's Day treat. A representative from the Prefontaine Cardiovascular Center will be on site to collect cards. All children that register will be entered in a drawing for prizes.

Registration: 11-11:30

½ Mile Run/Walk: 11:30

1 Mile Run/Walk: 11:45

Prizes Raffle: 12:00

NOTE: The ½ mile and 1 mile run may be combined in the event of low registration numbers.

Participant Name: _____ Grade: _____ School: _____

Parent/Guardian Name: _____ Phone: _____ Race: _____

Emergency Contact Name: _____ Phone: _____ ½ mile 1 mile
(circle one)

REGISTRATION WAIVER

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, Coos Bay School District, the City of Coos Bay, Bay Area Hospital, Prefontaine Cardiovascular Center, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Parent/Guardian/Participant Signature: _____ Date: _____

PHOTO/VIDEO CONSENT (please sign only one)

I hereby grant permission to the Coos Bay School District and its agents to photograph, and record video of, my image, likeness or depiction and/or that of my minor children (if applicable). I hereby consent to and permit photographs and videos of me and/or those of my minor children to be used by Coos Bay School District and its agents for any purpose, including advertisement purposes, and in any medium, including print and electronic. I understand that Coos Bay School District and its agents may use such photographs or videos with or without associating names thereto.

Parent/Guardian/Participant Signature: _____ Date: _____

I **do not** grant permission to the Coos Bay School District and its agents to photograph, and record video of, my image, likeness or depiction and/or that of my minor children (if applicable) **nor** consent to and permit photographs and videos of me and/or those of my minor children to be used by Coos Bay School District and its agents for any purpose, including advertisement purposes, and in any medium, including print and electronic.

Parent/Guardian/Participant Signature: _____ Date: _____